Supplementary Online Content


eFigure 1. Example of a Patient Self-report Survey for the Assessment of Fibromyalgia Based on Criteria in the 2011 Modification of the ACR Preliminary Diagnostic Criteria for Fibromyalgia

eFigure 2. Patient Self-report Survey for the Assessment of Fibromyalgia

This supplementary material has been provided by the author to give readers additional information about their work.

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Please indicate if you have had pain or tenderness during the past 7 days in the areas shown below. Check the boxes in the diagram for each area in which you have had pain or tenderness.

2 For each symptom listed below, use the following scale to indicate the severity of the symptom during the past 7 days.
- No problem
- Slight or mild problem: generally mild or intermittent
- Moderate problem: considerable problems; often present and/or at a moderate level
- Severe problem: continuous, life-disturbing problems

A. Fatigue
B. Trouble thinking or remembering
C. Waking up tired (unrefreshed)

3 During the past 6 months have you had any of the following symptoms?
A. Pain or cramps in lower abdomen
B. Depression
C. Headache

4 Have the symptoms in questions 2-3 and pain been present at a similar level for at least 3 months?

5 Do you have a disorder that would otherwise explain the pain?
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Scoring information is shown in blue. The possible score ranges from 0 to 31 points. A score equal to or greater than 13 points is consistent with a diagnosis of fibromyalgia. In addition to a cutpoint of 13 points, diagnostic criteria in the 2011 Modification of the ACR preliminary diagnostic criteria for fibromyalgia specify the presence of the following 3 conditions: [1] Widespread Pain Index ≥7 and Symptom Severity ≥5 or Widespread Pain Index between 3 and 6 and Symptom Severity ≥9; [2] Presence of symptoms at a similar level for at least 3 months; [3] The patient has no other disorder to explain the pain.